

INTHEMARGINS

BOOM DAYS POETRYWINNERS

#1 BREAKING UP IS GOOD FOR YOU!

Crack the ice undo the strain
Break the freeze uncork the vein.
The boom goes up the waters churn
The freighted strait flows free again

Crack the ice, bring catkins, too.
the sap ascends through Buffalo.
Carry a sack, do our streets a favor
pick up the trash and meet your neighbor.

Take your chance on a chunk of ice,
put down the rings, the wings & spice,
dance atop the lumber littoral
(on Niagara Street there is no toll!)

Float your dreams over standing waves
feel waters trickle across this page,
tune your ears to equinoctial pitch
and let the mud return to every ditch.

Let the mud return and our feet go bare
lick the icicles in sweet Daphne's hair

Break the jam uncork the vein --

The freighted straight flows free again!

—Douglas Manson

#2 GO BOOM

I like a lake alike four others;
Though comparing them all if I had my druthers,
Choose the one most shallow, lacking depth
Say of Huron, Michigan, Ontario and the rest.
The one most deserving of the year's special favor
Installed in December, maybe November, or whenever.

The Ice Boom it's called; the "Ice" part we get,
But what's with the "Boom?;" it's just a steel net.
It throttles the ice, chokes it all winter long,
Maybe far too long, in the winters long one,
But no so long since blessed by the charming
Dire displays of fresh global warming.

So now is the time for the Army Corps' endeavor,
To remove the Boom in March, April or whenever.
Do we miss the Boom throughout the spring, summer, fall?
Well, no, not so much when we are booming baseballs,
While the Boom lies silent, tucked somewhere in the harbor,
Rusting but relishing its next turn in the water.
I like a lake unlike its four brethren,
Superior in traits if not mass and volume.
More storms, more shipwrecks, more stories of lore,
Of Neutral the nation, vanquished by Iroquoia.
In the days before power plants, and the need to intrude
Upon the iceman's full flow: Niagara's interlude.

—Joseph A. Defetti

#3 BOOMDAYS BLUES

Bid farewell to winter's endless gloom,
and celebrate the removal of our boom.
Spring has arrived not a second too late,
to drive out the snow that we all hate.
The earth awakens from its annual freeze,
to catch the warm, gentle breeze.
Then, at last, summer is here,
undoubtedly our favorite season of the year.
Summer means thick, green trees,
And wasps, hornets, bumblebees!
White sand beaches,
And blood sucking leaches.
Playful kites,
And hot, sleepless nights.
Corvettes, Ferraris and Lamborghinis,
And fat ladies in string bikinis.
Marco-polo, water balloon fights,
And itchy, red mosquito bites.
Summer? What's the hurry?
Perhaps we should keep the boom for one more flurry.

—Meghan Anson

Diabetes Research

Open the Door to the Future

RESEARCH STUDY INVOLVING DIET AND WEIGHT LOSS

The Diabetes-Endocrinology Center of WNY is looking for volunteers for a new research study that looks into the metabolic effects of diet and possible weight loss.

If you are overweight and between the ages of 25 and 49, you may qualify for this study.

This is an 8-week study involving weekly visits to the Center. Some of these visits will involve blood draws and certain minimally invasive procedures.

Compensation and free parking will be provided for all study participants.

If you would like to know more about the study, please contact Barb at 716-887-5104

DIABETES-ENDOCRINOLOGY CENTER OF WESTERN NEW YORK

An affiliate of Kaleida Health and the School of Medicine el Biomedical Sciences, State University of New York at Buffalo
Paresh Dandona, M.D., D.Phil, ER.C.P., EA.C.P., EA.C.C.

Founder and Medical Director Chief of Endocrinology & Professor of Medicine



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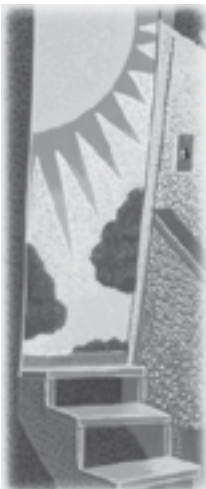
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Every Friday and Saturday night, 10pm-2am there's free live music from the stage on the gaming floor.

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RENEGADE - April 14-15



3 EMAIL YOURSELF A MILLION!

Enter for your chance to win a million dollars! There are also instant prizes to be won. Come in and enter your email address at our 24 hour kiosk and when you get home check to see if you've won.

4 PAY PER VIEW PARADISE

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• April 22nd at 5pm, Byrd vs Klitschko

UFC 59 • April 15th at 10pm
Griffin vs Ortiz & Arlovski vs Sylvia

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